

# Toolbox News

'She Builds Better'<sup>™</sup> Newsletter by *Dawn*



## It's toilet time!

The john, the throne, the biffy, the potty, the pooper, the library, the bathroom, the lavatory, the water closet, the ladies room, the loo, the dunny, the outhouse, the pissoir, the latrine and the crapper. These are words for where we do our business in private. Why all of the fuss? Lets uncover the privacy and pleasure of this special fixture!

## Size and design

Short and squatty, tall and thin, oblong, round or square describes many of them. Electronic is an absolute must experience! Washing your parts and blowing you dry as you sit on a warm seat, doesn't that sound wonderful? The throat of the toilet speeds up or slows down the poop velocity. Did you know that? My mother always said, "Happiness is in your bowels!" Mom never lies.



## The power of the toilet

Clog proof, self cleaning, turbo power and efficiency are of course marketing terms. I've read that the best companies even call them sexy, really? The lid opens as you enter the room, talks to you and complements your defecation with a high five! (Maybe I made that up) Toto Neo series is truly the Mercedes of toilets bragging hands-free, and prices as high as \$18K I didn't make that up! This smart john cleans itself too, now thats worth it!



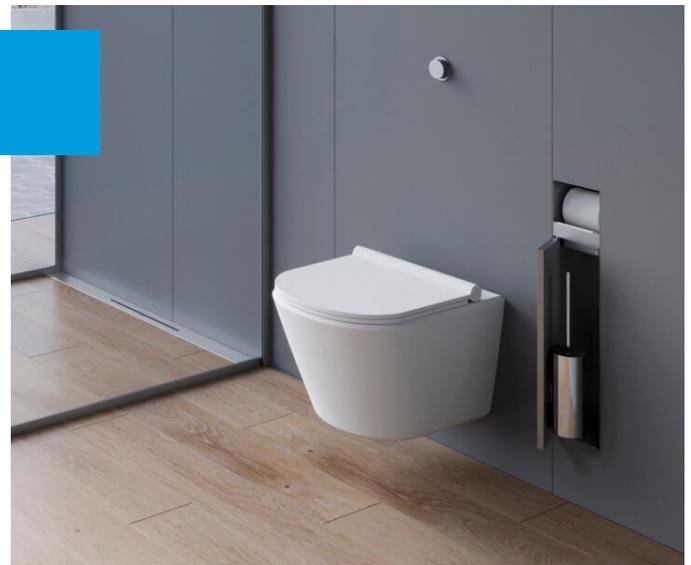


## I can't flush that!

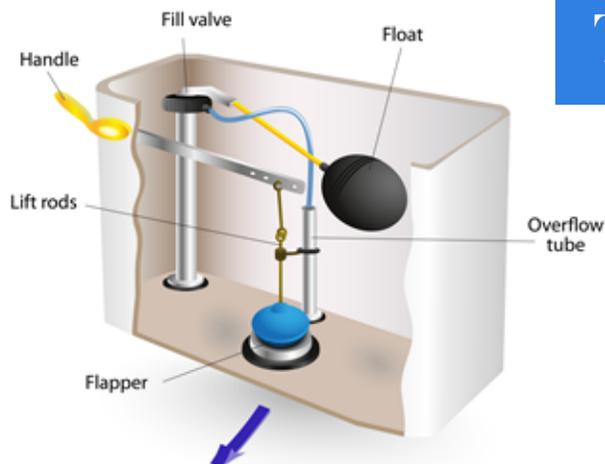
You probably don't put toilet shopping at the top of your list of favorite things to do. However when you do go to buy I recommend that you consider a name brand like Toto, Kohler or Duravit. Some of the box store brands that are rock bottom prices have been problematic. Steer clear. Other considerations are floor mount or hanging, colors and of course style. It's truly amazing what is out there in toilet design. Anything goes in this remarkable potty world!

## Toilet paper holders

Crazy choices are everywhere for the sacred paper holder. Features like; open ended, hidden in the wall, the old school insert inside the wall and then of course the 'stand' style. So many options not to mention finishes. Each manufacturer has become creatively crazed to be the new leader in bathroom design-the COOLNESS factor.



## FLUSHING MECHANISM



## The science and history

The toilet was invented in 1596 and is the gift that keeps giving. The most important component.....Gravity! Water and poop flow downhill, thus the slope of the sewer line must be minimum 1/4" fall per foot. Fun fact; John Harrington invented the toilet or was it Thomas Crapper? Both make sense with the slang 'john' and 'crapper'. It's up for historical debate. True story!



# My favorite tool

I do love my red paint sprayed sledgehammer. The head of this tool is so heavy it does the work for you. My dad taught me to not swing. "Let the sledge do the work," He would say. What does this mean? It means that I don't need to use my whimpy muscles. I can lift and just let it fall, breaking everything up in its path. Gloves are a must and safety goggles, which I didn't have here but should be wearing. Oops! The workout is incredible and of course the demo is so emotionally gratifying and stress reducing!

# Where do I start?

Get your Bathroom Remodel Checklist for FREE? Download Now

[I want it](#)



# What makes you happy?

We all gotta agree that when we aren't flowing with regular bowel movements life sucks. So true confession, that makes me happy! Healthy digestion, healthy clean eating is one of my things, even though its super hard to be consistent. I'm enamored with how perfect our bodies are if we open our eyes, telling us that we need to upgrade our eating, or adjust our habits. We are all just a 'work in progress' when it comes to food. Happy Renovating!